



5 Easy Ways to Reduce Waste When Packing Lunch

ZERO WASTE
SCHOOLS COALITION

1) Buy in Bulk and Choose Reusable Snack Bags



2) Use Reusable Containers for Snacks, Sandwiches, Hot or Cold Food



3) Send a Reusable Bottle for Drinks



4) Send a Reusable Napkin and Utensils



5) Ask Your Kids to Bring Home Uneaten Food

Help reduce food waste by talking to your kids. Find out if they're eating all the food you pack for them. Sometimes it's as simple as making half a sandwich instead of a whole, or switching out cucumbers for carrots.

Remember to label off of your items so if lost, they can be returned.